

Quick start guide for parents

Families Learning Together is a programme designed to build on skills and knowledge over time.

Where to start

If you have purchased the programme in the autumn then the best place to begin is Unit 1 in your child's year group. Otherwise you can start with the **Using Our Maths Unit A** or **B** and move forwards or backwards from there depending on how well your child copes.

Unit 1 We can count up to 20 objects

Unit 2 We can compare numbers up to 20 and say which number is bigger

Unit 3 We know how to write numbers up to 20 and beyond. We can read numbers on a number line.

Unit 4 We can work out the number that is one more or one less than numbers up to 20.

Unit 5 We can add two one-digit numbers and a one-digit number to a two-digit number.


Unit 8a We can take away one-digit numbers from each other and from simple two-digit numbers. We can find the difference between two one-digit numbers.

Unit 8b We can recall and use numbers bonds to 20

Using Our Maths A

Unit 7 We can halve and double

Year 1



All the units for this age group are listed on the menu to the left.

In each unit you will find:

- A Parent Guidance document which will guide you through the key areas of learning for this unit, and how best to help your child
- Videos for you and your child to watch
- Activities for you and your child to do together
- An extension activity to deepen your child's understanding of this unit

What to do

Watch the unit with your child doing the activities together as suggested. The activities do not have to be done all at once they can be completed over a number of sessions in short bursts.

If your child finds the activities too easy you can either

1. Complete the unit to revise the skills
2. Go straight to the extension activities and ensure your child can apply their skills and knowledge in a different context... this is really important
3. Move onto the next unit
4. Move onto the next unit that develops the same skill. See 'Maths skills across the different year groups' in our Help and Guidance page.

If your child finds the activities too hard you can either

1. Move straight to the suggestions at the bottom of the Parent Guidance sheet on what to do if your child finds the skill difficult
2. Move back to an earlier unit that covers this skill. See 'Maths skills across the different year groups' in our Help and Guidance page.
3. Move on to a unit that covers a different skills and come back to this one at a later date